



# RIDE + STRIDE

*Money raised is split between*  
**SHROPSHIRE HISTORIC CHURCHES TRUST**  
*and*



**Saturday 10<sup>th</sup> September 2016**

You can help by:

- Taking part – whether you are cycling, biking or walking - the quirkier the better! Please ask for a Sponsorship Form
- Sponsoring a rider or walker
- Being one of the Refreshment Team

*For more information or for a sponsorship pack please contact:*

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**Shropshire County:** <http://www.shropshirehct.org.uk/rideandstride.htm>



*Remember the date*

**Saturday 10<sup>th</sup> September 2016**