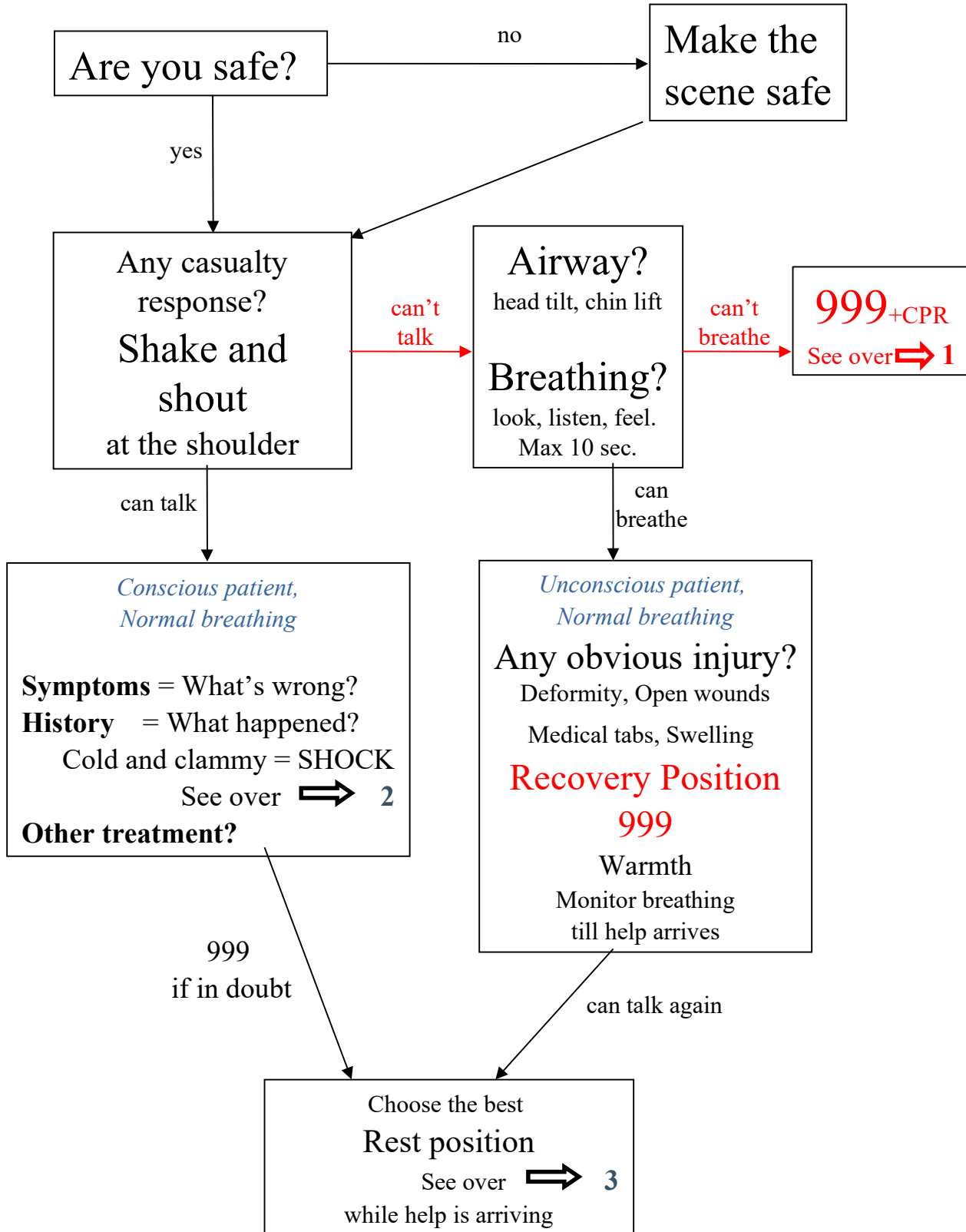


1st Aid Emergency Action Plan



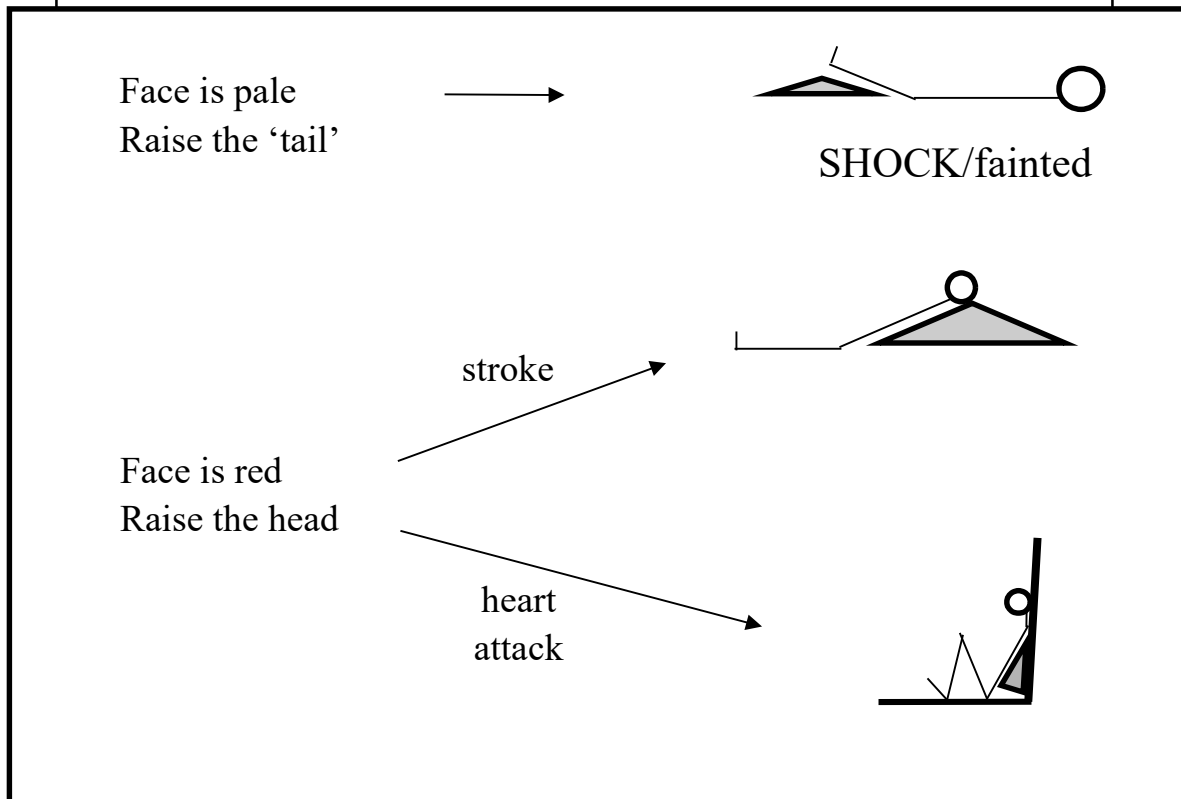
1 Dial 999

then CPR (30 chest + 2 breath) until help arrives

2 *At any stage* Cold and Clammy is Serious.

999 + Warmth, Airways, Raise legs, Reassure.

3 The Rest position depends on What's Wrong.



Warmth + reassurance + monitor
till help arrives